



" A Fair 5K " Fun Run/Walk & Kids Fun Run



BREMER COUNTY FAIRGROUNDS (EXHIBIT BUILDING)
SATURDAY, AUGUST 6, 2011
8:00 AM RACE TIME

Course

The course starts and ends near the blue exhibit building. It runs along the health center, high school and loops into a residential area south of the school before following back to the fairgrounds. One and two miles will be marked.

Water station

Water will be available on the course.

Cost:

Pre-registration \$15 before July 1
Performance shirt upgrade +\$5
After July 1st - No Shirt Guarantee
Race Day Registration \$20

Packet Pick-Up & Late Registration

Saturday, August 6th
7:00 - 7:45

Race will begin promptly at 8:00.

Awards

Medals given to top overall male/female and
1st - 3rd in each age group.

Age Groups

13 & Under
14-19
20-29
30-39
40-49
50-59
60+

Kids Fun Run

Approximately 9:00 AM or after the 5K. Kids run free and receive a finishers medal. If a shirt is desired, the cost is \$10.

Registration forms also available on www.fitnesssports.com

Registration Fee is Non-Refundable

" A Fair 5K " Fun Run/Walk & Kids Fun Run Registration

(One entry form per person)

Name _____ Registration Fee: _____

Address _____ Performance Shirt(+\$5): _____

City _____ State _____ Zip _____ Kids Run T-shirt (\$10): _____

Email _____ Total Enclosed: _____

Entry Fee: Before July 1 \$15 for a cotton shirt (Optional +\$5 for Performance Shirt) After July 1 \$20 (No Shirt Guaranteed)

Shirt Size (check one) Adult S _____ M _____ L _____ XL _____ Youth (Check one) S _____ M _____ L _____

Performance shirt upgrade \$5 Y / N

Sex: Male _____ Female _____ Age: (As of August 6, 2011) _____ 5K Entry _____ Kids Run Entry _____

Waiver: In consideration of acceptance of this entry I, intending to be legally bound hereby for myself and administrators, waive and release any and all right and claim for damages I may have or that may hereafter occur to me against all sponsors, contributors, supporters, and officials associated with the 2011 "A Fair 5K Fun Run/Walk", their representatives, successors, and assigns for injuries incurred by me during, because of, in travel to or from, the 2010 "A Fair 5K Fun Run/Walk.

Signature _____ (Parent/Guardian signature required if applicant is under 18.)

Make checks payable and send to "A Fair 5K Fun Run/Walk" ISU Bremer County Extension, 720 7th Ave SW Tripoli, IA 50676.

Questions?

Contact Dean Schwickerath

(319) 939-3192 or AFair5K@gmail.com